



mental health

specialist supported living and floating
support services for adults and young people

About Us

The SLC Group provides supported living and floating support services for adults and young people with a range of mental health issues.

By working closely with local multi-disciplinary teams, and with high quality specific training, we support individuals to lead independent and fulfilling lives in their community.

Our services are bespoke to each individual and include people using their own budget.

Our Support

Our supported living and floating support services are designed for individuals to achieve the best possible mental health by working to enhance personal development, wellness, recovery and community opportunities.

Embracing the recovery model we support people to maximise their independence and achieve outcomes. We strongly believe in a preventative approach and have effective quality systems in place so each person's progression and wellbeing is regularly reviewed.

We can work with individuals at every stage; from assessing needs, finding individual service requirements and providing high quality support.

Support can range from several hours per week in our floating support services to up to 24 hours a day in our supported living services.

Get in touch

For further information or to make a referral please call The Development Team on **01257 246 400** or visit www.theslcgroup.co.uk

My Story

Three years ago Clare Cowell was diagnosed with a mental health issue and after receiving medication and support has turned her life around. She is now an active member of her tenants' forum and writes her own support plans.

"I was told I had depression for many years." Says Clare. "But after being diagnosed and getting medication my life got better. I started to receive support from The SLC Group and moved into a new flat."

Over time Clare's confidence has increased and she is amazed and delighted at the difference it has made to her life. "Staff have encouraged me to become independent. I think they are brilliant. I go to hospital on my own, get the bus, go to town - I am always out and about. I am in control and I have my life back. I have confidence to go out and ask for things and to speak up for myself.

It's like me going to my tenant's meetings and writing my own support plan – I wouldn't have done these things three years ago."

Taking this huge step, and being fully involved in her support, proves Clare is increasing her independence even further and while gaining skills towards independence is busy making positive decisions and choices about how she lives her life.



Other Services

To find out about the full range of services The SLC Group provides, call the Development Team on 01257 246 400 or go to www.theslcgroup.co.uk

Learning Disabilities

Autism

Physical Disabilities

Blind or Partially Sighted

Deaf or Hard of Hearing



Incorporating SLC Paragon, SLC Raglin and Signposts

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