

Self Directed Support

“create the life  
**you want**  
with  
**your** individual budget”



## What is **self directed support**?

Self directed support gives you the freedom to pick and choose from the right providers and services in your community. This means that you have more choice and control about how your needs are met and can create the best support package for you.

## What is an **individual budget**?

An individual budget is exactly that – individual. Instead of another person, such as a Social Worker, arranging your support services for you, your funding is given directly to you. This gives you more choice and control to create the life you want.

## Our **Support**

### **If you have an individual budget we can offer:**

- **Brokerage services to help you to get the best use out of your individual budget and get the outcomes that you want.**
- **Support to give you the skills and confidence to make the right choices and decisions for you.**
- **Free and easy-to-access information, support and advice.**
- **Creative support planning, helping you to access the full range of community services that are available to you.**
- **Support to access the funding that you're entitled to.**
- **Links to advocacy and other organisations.**
- **Personal Assistant services and staff matching.**

## Advocating For **Self Directed Support**

**Angie has a learning disability and is supported by The SLC Group to live independently in Merseyside. Angie was one of the first individuals to use our services via an individual budget and, four years on, Angie's mum Judi tells us how self directed support was definitely the right pathway for her daughter.**

"Before we heard about The SLC Group we were at a real low point as a family. Angie was in her early 20's and would vent her anger and frustration on me. We knew things had to change and that she needed to be more independent. That's when we found out about Self Directed Support and realised it was the right option for her and for us. We worked with an Independent Broker and employed the services of The SLC Group. That was four years ago and we've never looked back. Angie has really blossomed and is now a self-fulfilled and happy young woman and is doing things we never thought that she would.

I would recommend Self Directed Support as it gives scope for imaginative thinking and creative planning. We've recently reduced Angie's attendance at the Day Service. She's now a lot more active in her community as she receives 1-1 support from people who really know her. We are looking at reducing it further in the future as it's been successful for her. It's Self Directed Support that gives us the flexibility and the options to do that.

Angie also has a terrific and supportive staff team and we couldn't be happier. Her quality of life has improved no end and so has ours."



**For more information contact your local team on 0121 766 7402 for the Midlands or 01257 246400 for Yorkshire and the North West**



Community **Support** Housing **Rent** Benefits **Learning**



Activities **Work** Job **Letters** Money **Bills** Gym

Incorporating SLC Paragon, SLC Raglin and Signposts

### **SLC Group, SLC Paragon**

Mitchell House, King Street, Chorley, Lancashire PR7 3AN

Tel. 01257 246 400 Fax. 01257 246 401

### **SLC Raglin, Signposts**

4D Wavertree Boulevard South, Wavertree Technology Park, Wavertree L7 9PF

SLC Raglin Tel. 0151 228 5177

Signposts Tel. 0151 228 2404

### **SLC Paragon (Midlands)**

Unit B, Second Floor, The Icehouse, The Bond, 180-182 Fazeley Street, Birmingham B5 5SE

Tel. 0121 766 7402

**[www.theslcgroup.co.uk](http://www.theslcgroup.co.uk)**

Registered number: 04301284

Versions of this leaflet are available in other languages, audio, large print and easy to read.

To request a copy please contact Lyndsay Milne on 01257 246 400 or email [lyndsay.milne@theslcgroup.co.uk](mailto:lyndsay.milne@theslcgroup.co.uk)